

Join the **REFRESH** study!



REFRESH trial
nutRition intervEntions For
malnourished older adults
in care Homes

We are looking for care homes to take part in our study!

The study will look at how best to treat malnutrition in older adults living in care homes

Why Participate?

- Collaborate to improve nutritional care
- Free training & support for staff
- Free resources & reimbursement for participation



Who Can Join? - - - - -

- Care homes with permanent residents aged 65+ including those living with dementia
- Care homes with home owner permission

Get Involved Today!

Visit our website via the QR code

Contact us at: refresh.penctu@plymouth.ac.uk



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